

What is Lutigest®?

Lutigest® is a progesterone vaginal tablet that helps thicken the lining of your womb.

Lutigest® helps to get your womb ready for an embryo to be implanted. It can also help your womb to maintain a pregnancy in the early stages.

When to start Lutigest®

Your clinic will provide you with personalised advice on when to use your Lutigest® – it is commonly taken starting from the day of egg retrieval and for thirty days after.



How do you take it?

Lutigest® is taken in the form of a tablet that you place into your vagina three times a day. You can use the applicator provided to help with the placing of the tablet in the vagina.

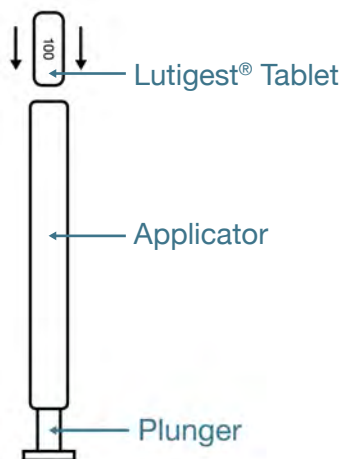
How to use the applicator to insert your Lutigest® vaginal tablets

Step 1

Wash your hands. Unwrap the applicator

Step 2

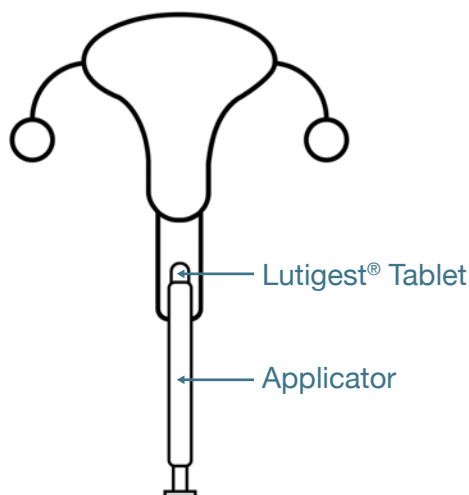
Put one tablet in the end of the applicator it should fit nice and snugly



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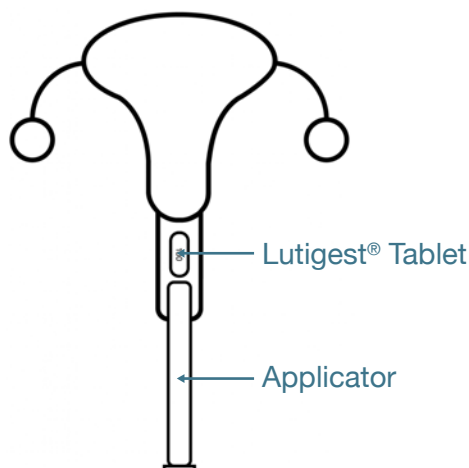
Step 3

Gently insert the applicator with tablet well into the vagina
- this can be done while standing, sitting or lying on your back with knees bent



Step 4

Push the plunger right into the applicator tube to release the tablet



Step 5

Remember to wash your hands.

If you have been provided with 1 applicator, after each use, rinse it thoroughly in warm running water, wipe dry with a soft tissue and keep the applicator for subsequent use.

If you have been provided with multiple applicators, please dispose of the used applicator.