

# Agenda

December 7, 2018

9:45 am - 10:15 am	Registration and Coffee	
10:15 am - 10:30 am	Welcome	Chris Caldwell, Director of Nursing, The Tavistock and Portman NHS Foundation Trust
10:30 am - 11:30 am	Developmental challenges for IBD patients and their nurses	Julian Stern, Consultant Psychiatrist in Psychotherapy
11:30 am - 11:45 am	Coffee break	
11:45 am - 12:45 am	Being with patients - the impact of working with IBD	Mellini Mahadevan, Consultant Psychiatrist in Medical Psychotherapy
12:45 pm - 1:30 pm	Lunch	
1:30 pm - 2:30 pm	Using mindfulness practice in the management of IBD	Gareth Drake, Clinical Psychologist
2:30 pm - 3:20 pm	Clinical case discussion	Marcus Evans, Psychoanalyst and Consultant Psychotherapist
3:20 pm - 4:10 pm	Facilitated clinical case discussions small group work	
4:10 pm - 4:15 pm	Coffee break	
4:15 pm - 4:45 pm	Facilitated practice development discussions	
4:45 pm - 5:00 pm	Small group feedback	
5:00 pm -	Close	