

Rekovellev[®]

follitropin delta

Pre-filled pen



Rekovellev[®] (follitropin delta) pre-filled pen

Patient usage guide

The Rekovellev[®] pre-filled pen should only be used after training from your healthcare professional.

Once they have shown you how to use your Rekovellev[®] pre-filled pen correctly, this usage guide can act as a useful reminder.

You should always read the Instructions for Use leaflet provided with the Rekovellev[®] pre-filled pen before using the pen.

If you have any doubts or questions about using your Rekovellev[®] pre-filled pen, you should contact your healthcare professional.

REKOVELLE PRE-FILLED PEN AND ITS PARTS

- | | | |
|----------------------|----------------------|------------------------------|
| 1 – Outer needle cap | 6 – Dose scale | 10 – Cartridge with medicine |
| 2 – Inner needle cap | 7 – Dose knob | 11 – Cartridge holder |
| 3 – Needle | 8 – Injection button | 12 – Dose display window |
| 4 – Protective foil | 9 – Pen cap | |
| 5 – Dose indicator | | |



The Rekovellev[®] pre-filled pen is available in three different volumes:

- 12 micrograms/0.36 mL
- 36 micrograms/1.08 mL
- 72 micrograms/2.16 mL

Before using your Rekovellev[®] pre-filled pen

- Check your Rekovellev[®] pre-filled pen to make sure that it is not damaged. Do not use the pen if it has been dropped or hit against a hard surface
- Check the pen cartridge to see that the medicine is clear and does not contain particles. Do not use a pen with particles or unclear medicine in the cartridge
- Make sure you have the correct pen with correct strength
- Check the expiration date on the pen label

PREPARING AND PRIMING THE REKOVELLE® PRE-FILLED PEN



Wash and dry your hands before using your pen. Pull off the pen cap. Remove the protective foil from a new needle and screw, or click, the needle onto your pen. Remove the protective outer cap and inner needle cap from the needle. **Don't throw away the outer cap – you'll need it later**



You must prime each new Rekovellev pre-filled pen before first use to remove any air bubbles that may be in the cartridge; **if you have already used your pen, proceed to Step 5 now.** To prime a new pen, turn the dose knob until the droplet symbol lines up with the dose indicator

Hold the Rekovellev pre-filled pen with the needle pointing upwards and gently tap the cartridge holder to remove trapped air

Press the injection button all the way in until you see the number '0' lined up with the dose indicator and a droplet of liquid appears at the needle tip. **If no droplet appears, repeat Steps 2 to 4 until a droplet appears**

SPLIT-DOSE INJECTIONS

If you are not able to set the full prescribed dose on your pen, this means there is not enough medicine left in the pen to give the full dose. You will need to give part of your prescribed dose using your current pen and the remainder of the dose using a new pen (split-dose injection – see below). Alternatively, if you have a new pen, you can throw away the pen you had been using and use the new pen to give your full prescribed dose in 1 injection.

To give a split dose, write down the dose that is left in your current pen and give the injection using the rest of the medicine that is left in that pen. Prepare and prime a new pen (Steps 1–4). Calculate and write down the remaining dose required to give the full prescribed dose. Inject the remaining dose of medicine required with your new pen (Steps 5–8).

SETTING YOUR DOSE AND GIVING YOUR INJECTION



Turn the dose knob clockwise to the dose prescribed by your healthcare professional. Each line on the dose scale will change the dose by 0.33 micrograms. If you have any doubts about setting the correct dose, speak to your healthcare professional

If you accidentally set the wrong dose, it is easily corrected by turning the dose knob in either direction until the correct dose lines up with the dose indicator

To inject your dose, clean the injection site with an alcohol swab. Pinch a small amount of skin and insert the pen needle using the injection technique recommended by your healthcare professional with the dose window visible. Press the injection button all the way in and hold. When you see the number '0' lined up with the dose indicator, **wait for 5 seconds before releasing the injection button.** After 5 seconds, slowly remove the needle from the injection site

Remove the used needle from the pen by carefully reattaching the outer needle cap and unscrewing the needle. Dispose of the used needle carefully, as advised by your healthcare professional. Replace the pen cap onto the Rekovellev pen